

2024 Houston – Galveston One Less Plastic Pledge, supporting Plastic Free July

Upcoming Events

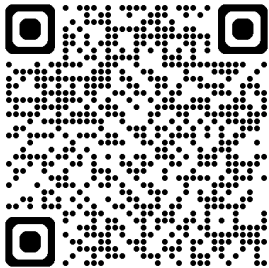
- July 5 Galveston Island Beach Clean-up with Turtle Island Restoration Network.
 - <https://Seaturtles.org/volunteer>; info@tirn.net
- July 27 Clean-up events throughout the region

Location	Coordinator Email Address	Coordinating Org & information link	Partner Orgs	Time of event
Brock Adventure Park/Greens Bayou	LScobel@galvbay.org	Galveston Bay Foundation; https://galvbay.org/event/community-cleanup-with-gbf-and-greens-bayou-coalition/	Greens Bayou Coalition	8:30 - 11:00 AM
UHCL campus and surrounding area	Oakley@uhcl.edu	Environmental Institute of Houston; https://www.uhcl.edu/environmental-institute/outreach/uhcl-campus-cleanup	University of Houston-Clear Lake; Galveston Bay Estuary Program	9:00 - 11:00 AM
East Beach	cdannenfelser@abcbirds.org	SPLASh; https://www.splashtx.org/safari	Galveston Parks Board	9:00 a.m. - 12:00 p.m.
W.G. Jones State Forest	jaden.kelly@tfs.tamu.edu	Texas A&M Forest Service; https://forms.office.com/r/iFtiXi4SwX	Texas Master Naturalist-Heartwood Chapter	8:30am-11:00am

Add your event or find other events in your area – [Find events near you - Plastic Free July](#)

Promote the One Less Plastic Pledge throughout July to help raise awareness regarding single-use plastics and encourage people to reduce or remove at least one single-use plastic from use.

[One Less Plastic Pledge \(jotform.com\)](https://jotform.com); you can also use the QR code to access the form



When sharing on social media, please use the following hashtags:
 #PledgeOneLessPlastic – this is our regional # to connect our group and track our reach

#plasticfreejuly2024 – this will connect us to the Plastic Free July campaign



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Products – Alternatives to Single-use Plastics

These are just a few of the many options available as alternatives to single-use plastics.

Tervis tumblers and bottles - [Eco-Friendly Drinkware | Tervis](#)

Silipint Silicone Drinkware - [We're Eco Friendly – Silipint](#)

Ball Aluminum Cups - <https://www.ball.com/aluminumcups>

Repreve (recycle plastics into textiles) - <https://repreve.com/discover-repreve>

Reusable bags, utensils, and more - www.chicobag.com

Tumblers, water bottles, food storage - www.kleenkanteen.com

Recycled bracelets and products that support ocean cleanups - <https://www.4ocean.com/collections/all-products>

Bringing reusable straws and to-go containers to restaurants is also a big help!

Resources About Plastics and the Issues Caused by Plastic Pollution

1. [Breaking Down Plastic Facts and Myths for Earth Day | OR&R's Marine Debris Program \(noaa.gov\)](#)
2. [Plastic Free July - Be Part of the Plastic Pollution Solution](#)
3. [Nurdle Patrol](#)
4. <https://forestproud.org/2024/04/15/wood-innovations-that-help-shift-plastic-to-planet/>
5. [The 5 Gyres Institute](#)
6. www.4ocean.com





5gyres



SUSTAINABLE SWAPS!

 <p>PLASTIC STRAWS</p>	VS	 <p>RE-USABLE STRAWS</p>	 <p>THROWING AWAY</p>	VS	 <p>MENDING OR RE-PURPOSING</p>	 <p>PLASTIC BAG</p>	VS	 <p>RE-USABLE BAG</p>
 <p>DRIVING TO THE PARK</p>	VS	 <p>WALKING TO THE PARK</p>	 <p>PLASTIC WATER BOTTLE</p>	VS	 <p>RE-USABLE WATER BOTTLE</p>	 <p>BATH</p>	VS	 <p>SHOWER</p>
 <p>PLASTIC SHAMPOO BOTTLE</p>	VS	 <p>SOLID BAR SHAMPOO</p>	 <p>HERBS IN PLASTIC</p>	VS	 <p>GROW YOUR OWN HERBS</p>	 <p>SERAN WRAP</p>	VS	 <p>RE-USABLE FOODWRAP</p>
 <p>THROWING AWAY FOOD WASTE</p>	VS	 <p>COMPOSTING FOOD WASTE</p>	 <p>SINGLE USE COFFEE CUP</p>	VS	 <p>RE-USABLE COFFEE CUP</p>	 <p>FAST FASHION</p>	VS	 <p>THRIFT SHOPPING</p>



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Short Films With Big Messages

A Net Plus | Giving Discarded Fishing Nets a New Start | 8 minutes

https://www.youtube.com/watch?time_continue=488&v=4LHMZmtpZdg&feature=emb_title

Discarded fishing nets are one of the most harmful forms of ocean plastic pollution. That's why clothing company Patagonia has partnered with Bureo in the development of NetPlus®, the fully traceable, 100% recycled fishing net material used for the brim stiffeners of their hats. This is the story of how Bureo locked arms with Patagonia to create a new solution to our oceans' overwhelming plastic pollution problem.

Street Surfers | 9 minutes

<https://vimeo.com/347314447>

Frank Solomon, a big wave surfer and marine activist from Cape Town South Africa, travels to meet two exceptional men, Thabo and Mokete, who indirectly serve the environment through recycling as a means of income. This is the untold story of new friendships, shared experiences and common interest between individuals that are worlds apart.

Fashion's Toxic Threads | 7 minutes

https://www.youtube.com/watch?v=Ko_BZhlp11Q

A single clothes wash can release up to 700,000 microplastic fibres, many of which end up in the ocean. Now some pioneering fashion brands are putting the materials they use under the microscope.

Stories from the Blue: Million Waves Project | 6 minutes

<https://www.youtube.com/watch?v=i1oxr-y6lrc&width=640&height=480>

"What if doing something was better than doing nothing?" That's the question that sparked the Million Waves Project, which works with Olympic Coast National Marine Sanctuary to turn marine debris into 3D-printed prosthetic limbs.

Watch their Stories from the Blue to hear how they're making a difference for people and the ocean!

Plastic Warriors | 8 minutes

<https://vimeo.com/347136748>

Kristal Ambrose and her Bahamas Plastic Movement kids embarks on a journey to battle plastic pollution in The Bahamas.

The Smog of the Sea | 30 minutes

<https://vimeo.com/181069340>

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The Smog of the Sea chronicles a 1-week journey through the remote waters of the Sargasso Sea. Marine scientist Marcus Eriksen invited onboard an unusual crew to help him study the sea: renowned surfers Keith & Dan Malloy, musician Jack Johnson, spearfisher woman Kimi Werner, and bodysurfer Mark Cunningham become citizen scientists on a mission to assess the fate of plastics in the world's oceans.

